



Batting Helmet Advice and Sizing



Getting the right size and fit of a helmet is important - a badly fitted helmet can negate the reason for wearing it in the first place. Please find below a helpful guide for getting the right size:

To get the proper helmet fit, you need to know how to measure your head. You'll need a tailor's measuring tape to get a good measurement. All you need to do is measure the circumference around your head. To do this, measure around your head above the tip of each ear. Aim for the widest part of the head when you measure.

Once you have your head circumference, you can look at a baseball helmet size chart below. All you need to know about the baseball helmet sizing chart is that your head circumference will line up with a helmet size.

Here at The Baseball Shop and The Softball Shop we currently stock the latest in EvoShield Batting helmets. Please find below a size guide:

BATTING HELMET SIZE GUIDE			 EVOSHIELD
Helmet Size	Cap Size	Circumference Inch	Circumference CM
XVT Models			
Youth	6 1/2" to 7"	20 1/2" to 22"	52cm to 55.8cm
Intermediate	6 3/4" to 7 1/4"	20 7/8" to 22 3/4"	53cm to 57.8cm
Small / Medium	7" to 7 1/2"	22" to 23 1/2"	55.8cm to 59.6cm
Large / X-Large	7 1/2" to 8"	23 1/2" to 25"	59.6cm to 63.5cm
XVT Luxe			
X-Small	6 5/8" to 6 3/4"	20 7/8" to 21 1/4"	53cm to 54cm
Small	6 7/8" to 7"	21 5/8" to 22"	55cm to 55.9cm
Medium	7 1/8" to 7 1/4"	22 3/8" to 22 3/4"	56.8cm to 57.8cm
Large	7 3/8" to 7 1/2"	23 1/8" to 23 1/2"	58.7cm to 59.7cm
X-Large	7 5/8" to 7 3/4"	23 7/8" to 24 1/4"	60.6cm to 61.6cm
XVT Scion			
Youth S/M	6" to 6 1/2"	19" to 20 1/2"	48cm to 52cm
Youth L/XL	6 1/2" to 7"	20 1/2" to 22"	52cm to 55.8cm

We hope the above helps but if you need any further information or advice please call us on 0800 458 2442 or email sales@thesoftballshop.co.uk

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